IN THE CLAIMS

Please cancel claims 1-20 without prejudice or disclaimer. Please add new claims 21 through 27 as follows:

- 1-20. (cancelled)
- 21. (new) A method for treating or reducing the predisposition to elevated blood cholesterol, said method comprising administering to a subject having said condition or predisposed to said condition a therapeutically effective amount of a health supplement composition comprising an extract from soya or clover, said composition comprising any two or more phytoestrogens of the group Genistein, Daidzein, Biochanin A, Formononetin or the natural glycosides of any of said phyto-estrogens.
- 22. (new) The method according to claim 21, wherein said phytoestrogen is extracted from soy.
- 23. (new) The method according to claim 22, wherein said phytoestrogen is extracted from soy hypocotyls.
- 24. (new) A method according to claim 21, wherein said phytoestrogen consists essentially of a) genistein and b) daidzein component, wherein component a) optionally contains biochanin A, and component b) optionally contains formononetin, and the ratio of a):b) is about 1:2 to 2:1.
- 25. (new) The method according to claim 21, wherein the phytoestrogen is administered in an amount of from about 20 mg to 200 mg per day.

- 26. (new) The method according to claim 21, wherein the phytoestrogen is administered in an amount of from about 50 mg to 150 mg per day.
- 27. (new) The method according to claim 21 whereby the phytoestrogen is administered at least daily, over a period of at least a month.